

Activity Guide: Finger Knitted Garland

by *Janette Budge of
ShetlandPeerieMakkers*



Activity Explanation

Finger knit a garland for your home or garden.



What you will do during the activity

Learn how to make a decorative finger knitted garland for your home or garden, or make one circle for a bracelet. Great for hand flexibility and suitable for all ages from pre-schoolers to pensioners.



How long it will take

30 minutes for one circle, You will get quicker with each one you make.

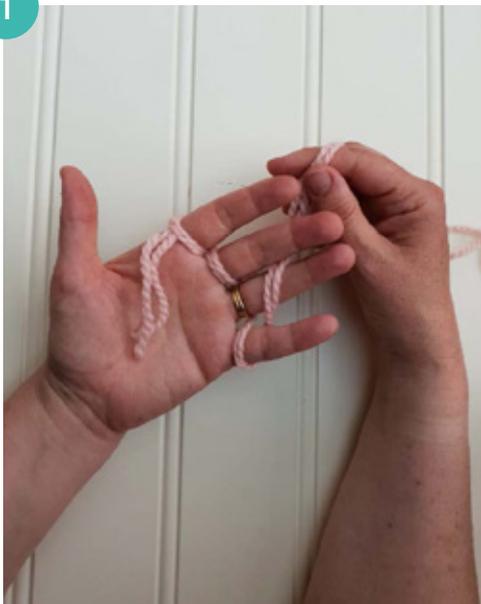
What you'll need

- Any long yarn like material such as smooth string, t-shirt or fabric strips tied together or chunky or super chunky yarn. Thinner yarns can be used but may need to be doubled or trebled. Thicker, super chunky is best, but it also depends on the size and thickness of your fingers. Thinner fingers, thinner yarn.
- A darning or Tapestry needle with large eye - not essential as the ends can be tied together rather than sewn.



Method

1



1. Tie the yarn round your index finger, palm facing upwards (either hand will do).

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2. Weave the working yarn over and under your other three fingers. Do this two more times so you have two threads on each finger. Keep the yarn on the looser side.

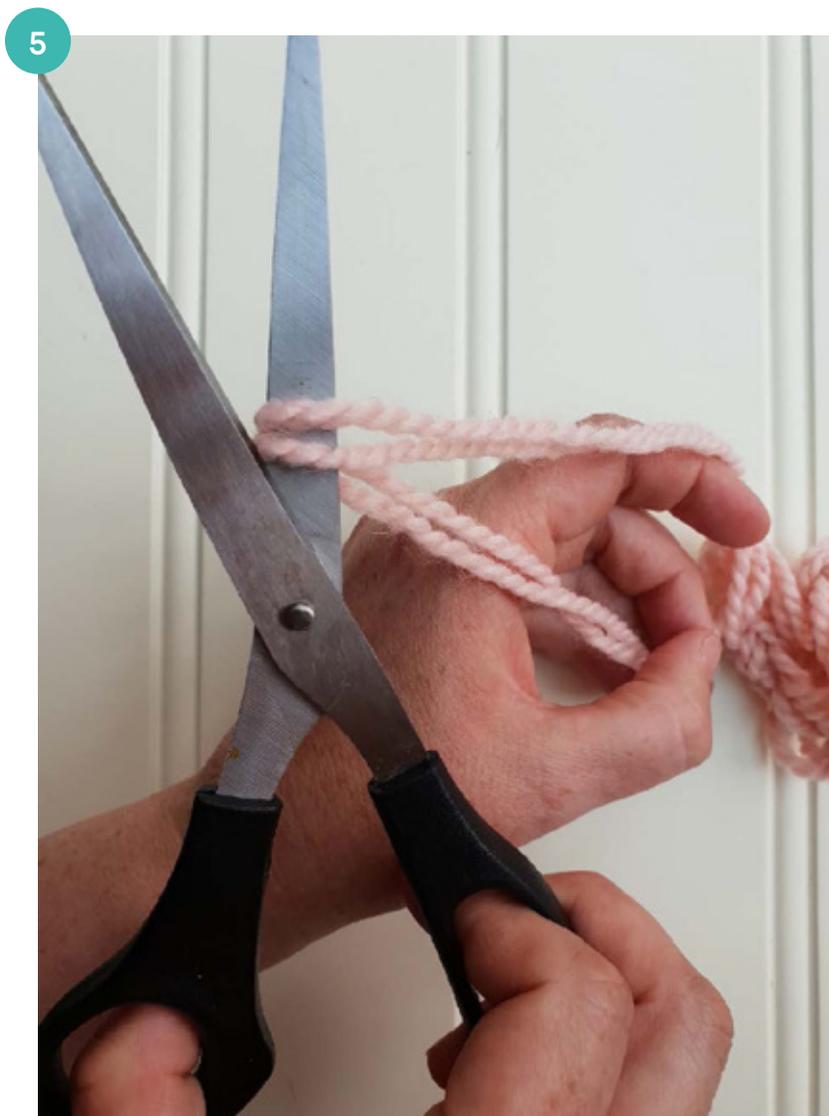
3



3. Take the bottom thread and pass it over the point of each finger. You will have to bend your fingers so the yarn can pass over; this is great for improving dexterity!

- Repeats steps 2 and 3 until your finger knitting is the length you would like. For example, the Peach circles (within the knitted Garland on page one) have 14 rows of a double strand of chunky yarn and the pink has 12 rows with a super chunky yarn.

- To finish take the loop on your little finger onto the next finger and pass the bottom stitch over the top. Then take the stitch from the middle finger onto finger four and pass bottom stitch over top. Take that stitch onto your index finger and pass bottom stitch over top. Pull the yarn out into a big loop 4 cm long and cut in the middle. Wind the working yarn up to pull the extra yarn back through the hole.



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6. Use the long 4 cm long tail to stitch the two ends of your finger knitting together to make a circle. Make another length of knitting and loop this through the first circle and sew or tie it together to make a chain effect. Continue in this way until your chain is the desired length.

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You may also like to try:

One band could be made and embellished to create your own “superhero power bands” with superpowers of your choice! There are many uses for your finger knitting, instead of a circle you can pinch and tie top and bottom to make a butterfly or keep it as one long finger knitted string. Stick or sew on eyes and you have a snake, make it super long and you have a skipping rope or one large garland. You can use your imagination to make so many things.



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The Maker Janette Budge

Janette Budge is a Fair Isle knitting teacher and designer born and brought up on a croft in the Shetland Isles. She is a ShetlandPeerieMakkers Tutor, a charity setup to teach traditional Shetland knitting skills to young people in Shetland through an organised volunteer network of knitting tutors and assistants. broughlodge.org/hand-knitting

Janette began knitting when she was 6 and became a knitting tutor in partnership with her mother in 2016 at Shetland Wool Week. She has expanded her knitting tuition from there, teaching visiting knitting groups and classes further afield in the UK. She has also branched out into pattern writing. Details of these can be found on her Ravelry page [ravelry.com/designers/janette-budge](https://www.ravelry.com/designers/janette-budge)

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This Activity Guide is part of MAKE | Support, a programme of resources, micro-grants and commissions produced by MAKE in response to the Covid-19 crisis.

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